



Allen began coaching with Cats Dec 2012- to present. Oversaw the LD/Dev programs and created the CATS Steps to Excellence System. Former Asst. Coach Gonzaga University Womens 2009-2014. Founder ACV- A-bomb Club Volleyball in San Diego 2003-2009. USA Men's Indoor National team member 1989-1993. Interesting facts: Allen2 is a former member of the SAG (Studio Actors Guild) he was an extra to the extra in the movie Spartacus, The Inside Man, Ben Hur, and Shawshank Redemption.